

Monday July 23, 2018

John Moores Delicatessen and Caterers 678 Motor Parkway

Hauppauge Phone 631-234-7144/ Fax 631-234-3866

Johnmooresdeli.com

Hot Food

All platters are served with your choice of white rice, vegetable rice, brown rice, corn nibs, black beans, vegetables, or homemade mashed potatoes Served on a roll \$6.49 or a hero \$7.49 Served on a small platter \$6.99 and large platter \$8.25 without a side sm \$7.49 lg \$11.99 add a small tossed salad for \$3.49 with choice of dressing

Chicken Stuffed With Broccoli And Cheese

Chicken breast rolled and breaded and stuffed with broccoli and cheddar cheese

Macaroni & Cheese

Pasta in a homemade cheese sauce

Cajun Chicken Pasta

Grilled chicken, peppers, scallions and bowtie pasta in a cajun primavera sauce

Meatball Parmesan

Homemade meatballs in a tomato sauce with melted mozzarella cheese

Boneless Buffalo Chicken

Boneless white meat chicken in a spicy wing sauce

Chicken Parmesan

Chicken cutlets in a homemade red tomato sauce with mozzarella cheese

Grilled Herb Chicken

Grilled chicken in our own homemade balsamic herb sauce

Soups of the Day

Chicken Noodle, Rice or Vegetable

\$2.99 \$3.79

Homemade Beef or Chicken Chili

\$3.99 \$4.99

RICE PUDDING

\$3.99

COBB SALAD

Iceberg Lettuce, Crumbled Bleu Cheese, Red Onions, Hard Boiled Eggs and Chopped

Bacon

\$13.99

WE NOW HAVE FRUIT SALAD

6.99LB

On Menu Everyday

Chicken or steak Quesadillas

Grilled chicken or Steak (choice of blackened, jerk or herb) with peppers, onions, Monterey jack cheese and cheddar cheese salsa and sour cream

on side

\$8.99

10-STEAMED KUNG Pao

CHICKEN OR PORK DUMPLINGS

\$7.99 (SHRIMP \$9.49) with teriyaki or general Tso sauce

GYRO'S

Chicken or beef with lettuce, tomatoes, red onions with yogurt sauce on a pita

\$7.49

We specialize in catering for all occasions

Wraps of the Day

MY BROTHER REUBEN

Chickrn cutlet,swiss cheese,cole slaw,russian dressing

\$8.49

I LEFT YOU A TICKET!!

honey maple turkey,alpine lace swiss cheese,lettuce,tomato and spicy ranch

\$8.49

MY FAVORITE

Eggplant breaded ,fresh mozzarella,Roasted Red Peppers,Romaine Lettuce And Balsalmic Vinaigrette Dressing

\$7.99

THE FELIX

Bonless buffalo chicken breast in our wing sauce ,monterey jack cheese,red onions,lettuce,tomato,avocado with our ranch dressing

\$8.99

YOUR STILL HERE

Chicken salad melted cheddar cheese,lettuce,tomato

\$7.99

THE GUADALUPE

Grilled Chicken Fresh Mozzarella And Sautéed Spinach,Peppers And Onions With A Balsalmic Vinaigrette Dressing

\$8.99

THE GRANT

Grilled roast beef,saute'ed onions,melted mozzaella cheese,lettuce,tomato,garlic with spicy ranch

\$8.49

THE FOXY FOX

Smoked Turkey Lettuce,Tomato,Bacon,Avocado and spicy ranch

\$8.49

THE CHRIS PAIN

Our Homemade Chicken burger melted monterey jack cheese,romaine lettuce,avocado (dont forget the avocado) with spicy mayo

\$7.99

Caesar Wrap

Grilled chicken breast,crispy romaine lettuce and shredded parmigiano cheese with our own caesar dressing

\$7.99

THE ALPPS

virginia ham,alpine lace swiss,lettuce,tomato,and spicy brown mustard

\$7.99

THE SHAPIRO

bread eggplant,turkey,lettuce,cole slaw with honey mustard

\$7.99

THE TUOZZO

Turkey american cheese,avocado,roasted peppers,lettuce and ranch

\$8.49

WHERE'S TOM

breaded chicken cutlets,sour cream,salsa,lettuce,peppers,onions with spicy ranch dressing

\$8.49

GREEK WRAP

Grilled chicken breast,feta cheese,romaine lettuce, peppers and onions and black olives with our greek dressing

\$8.49

SHE'S OUTSIDE

Honey maple turkey,cheddar cheese,lettuce,tomato,bacon,avocado with spicy ranch dressing

\$8.99

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New Specialty Items

*Veggie burger or Chicken Burger
burger served on a whole wheat roll with
lettuce, tomato, onions*

\$6.99

SPINACH SALAD

***Baby spinach leaves, bacon, red onion, hard boiled
eggs, fresh mushrooms***

\$9.99